

Behavioral Health Advisory Council

Meeting Minutes for August 19, 2016

Members Present: Glynis Anderson, Julie Barron, Linda Burghardt, Karen Cashen, Elmer Cerano, Mary Chaliman, Norm DeLisle, Erin Emerson, Deborah Garrett, Benjamin Jones, Lauren Kazee, Sara Koziel, Kevin McLaughlin, Chris Flores for Paula Nelson, Malkia Newman, Jamie Pennell, Neicey Pennell, Marcia Probst, Mark Reinstein, Ben Robinson, Mark Witte for Kristie Schmiede, Jane Shank, Patricia Smith, Sally Steiner, Jeff Van Treese, Jeff Wieferich, Brian Wellwood

Members Absent: Loretta Albright, Mary Beth Evans, Kevin Fischer, Greg Johnson, Arlene Kashata, Stephanie Oles, Eva Petoskey, Kim Rychener, Cynthia Wright

Others Present: David Dawdy, Lorianne Fall, Rhea Freitag, Eric Kurtz, Dr. Debra Pinals, Adam Rondeau, Larry Scott, Jennifer Stentoumis, Brenda Stoneburner, Lynda Zeller

Welcome and Introductions – Mark Reinstein called the meeting to order and introductions were made.

Review and Approval of Minutes – The Council reviewed the meeting minutes from June 17, 2016. Mark Witte moved/Linda Burghardt seconded – minutes approved as written.

Section 298 Update – Mark Reinstein & Lynda Zeller

A copy of the final report from the Lt. Governor Calley 298 Workgroup was provided to the Council. There are multiple recommendations for structuring and moving forward with redesigning the public behavioral health system contained in the report. The final meeting of the initial 298 Workgroup stakeholder process has occurred, but going forward there will be smaller, topic specific groups continuing to work on tasks related to the updated language in Section 298 in the signed Budget. The new budget language requires recommendations for “financial models” and “policies” toward desired “end statement”. Mark indicated that subsequent to these meetings there has been confusion about how the Calley report’s recommendations will be utilized. Advocacy groups have expressed their concern to Lt. Governor Calley about this. Information on the smaller “Affinity” groups indicates that there will be a group of families/consumers, providers, and payers and that each will represent their areas of interest. Independent facilitators were to be assigned to these groups, however this has not been finalized. Mark asked Lynda if she had information on what recommendations from the Calley Workgroup’s final report that the Department intends to implement. Lynda indicated that the report will absolutely inform the process going forward. The legislature is looking for financial models, policies, and benchmarks which also need to be provided. Mark asked if the Department has decided to move forward under the supposition that the CMHSP system will remain intact and the Medicaid HMOs will not be taking over

everything. In fact, one of the 28 design elements the Calley Workgroup had recommended that all dual (behavioral and other medical) be managed by the CMHSPs. Lynda indicated that the Department has not taken any of the 28 design elements off the table, and listed several reasons why the Department couldn't support choosing one of the 28 as "most important" or absolute. Elmer Cerano indicated that there are 4 pilots currently operating (dual Medicaid/Medicare) in the state that can inform this process as to what does not work and what does. Lynda did indicate that there is strong support for the system remaining public. Sara Koziel indicated, speaking for Michigan FQHCs, that it is a concern that FQHCs will not continue to be at the table and they are a vital voice for over 600,000 consumers of integrated physical and mental health care in the state. Lynda affirmed importance of the FQHC involvement and the Department's support for the same. Lynda indicated that she would follow up on what the plan will be to include FQHCs and will report back to the group once she has attended the next planning group meeting. This discussion of a plan is for all of Medicaid including mild to moderate populations covered by Medicaid. Lynda indicated that the ideas of Council members should be communicated to those people on the workgroup and sub-groups to make sure they are included in the discussion. She also indicated that the intention of this process is to be transparent as they move forward. If anyone has concerns about transparency, please let Lynda know. Mark indicated that he got an email from the Department about the 298 Facilitation Group meeting in August. It is 2 hours long and Linda Burghardt has been added to the attendee list as the BHAC representative. The Department has asked for any and all written input from organizations on 298 by the end of August, though there will be another opportunity in the fall.

Mark provided motion #1 A – C to the Council and asked for a discussion on the motion.

Motion 1 – BHAC FY17 Budget Section 298

- A. BHAC endorses the report and recommendations of the Calley Work Group*
- B. BHAC suggests the planning from this point forward should focus on how to make the Calley Work Group recommendations happen*
- C. BHAC believes that other design/operation elements be undertaken only to the extent that there are important gaps left (which don't contradict or conflict with the Calley Work Group report) because the Calley Work Group was ended by the administration in June*

Linda Burghardt seconded the motion. A discussion ensued. Mark reiterated that the discussion going forward should not include discussions about the HMOs taking over the behavioral health system. Jane Shank pointed out the children were essentially left out of the design elements. Marcia Probst asked if the facilitation group is the group making decisions about models and policies. Mark said no, they are supposed to be coming up with questions and issues for the (affinity groups) sub-groups to discuss further. Jeff Van Treese wanted to know who defines the "gaps". Mark said he did not know who could or would do that. Jeff Van Treese moved to amend #1 C of the motion to include the language, after undertaken, *by affinity groups and the Department*.

Linda Burghardt seconded. Discussion resumed, Ben Robinson asked who the motion is relevant to and what will happen next. Mark indicated it will depend on whether the motion passes or not. Sarah Koziel asked if the motion suggests that everyone feels the same way as Mark about the prioritization of the 28 elements or is it to be taken as written. Mark indicated his motion is to move all 28 elements forward. Kevin McLaughlin pointed out the lack of SUD representation and how there is a gap. Elmer Cerano wanted the Council to understand that preventing privatization of the public behavioral health system is what is at stake through this process and doing it right is very important. Chris Flores expressed concern that the 28 elements are not all that needs to be addressed. Norm DeLisle indicated that this process can easily be taken off track if people cannot agree on the alternatives and how to move forward. Elmer Cerano indicated that the HMOs have not given up pursuing Medicaid behavioral health money. The Council voted on motion 1 A – C with the amendment. The result was 20 yes votes, 0 opposed, and 10 abstained including all state staff. Motion carried.

The discussion continued after lunch. Mark Witte moved that an additional recommendation be made that a representative from SUD services and block grant funding for SUD services be included on the facilitation group. Glynis Anderson seconded. Mark reminded the group that there is a BHAC representative on the 298 Facilitation Group, Linda Burghardt. Linda B. gave her email address, LBurghardt@comcast.net, to email her any concerns you want brought to the facilitation group. Ben Jones indicated that in addition to BHAC representative, there are other mental health representatives on the facilitation group but no other SUD representatives.

Motion 2

A person who can represent local recipients of substance use disorder services funded by Medicaid or block grants should be added to the Department's new "facilitation group."

Glynis Anderson indicated that this is an opportunity to add SUD issues to the discussion in a bigger way. The Council voted on motion #2. The result was 18 yes votes, 0 opposed, and 8 abstaining including all state staff. Motion carried.

Julie Barron indicated she would like to make a motion to ensure homeless and home-bound people are not missed. Malkia Newman expressed she would like to see more diverse representation on the facilitation groups. Sara Koziel pointed out that her understanding was that more representation would be included on the affinity groups. Julie Barron moved and Malkia Newman seconded.

Motion 3

We suggest that the administration, in moving forward with seeking input from persons experiencing or at-risk of co-occurring disorders (behavioral and other medical), make every effort to assure involvement and perspectives from sub-populations that are generally recognized as being underserved or

underrepresented in health care services, as well as those generally recognized as encountering health care disparities in the receipt of services.

The Council voted on the motion #3. The result was 18 yes votes, 0 opposed, and 6 abstentions including all state staff. Motion carried. The group agreed that all motions with a letter of explanation will go to both Director Lyon and Lt. Governor Calley. Lynda Zeller wanted to assure the Council that she has heard the concerns expressed today and will be a very active participant in all future activities surrounding this process. Lynda also asked that in future discussions if certain 298 “design elements” rise to the top as more important to the Council as others to please communicate that to her.

1115 Waiver & CCBHC Updates – Eric Kurtz

1115 Waiver - The federal comment period has ended and CMS provided sixty-one questions to the Department about the waiver in areas like Permanent Supportive Housing, substance use disorder services, the C Waivers, and long-term care services. Some of the questions have already been answered and the Department will provide the information again.

CCBHCs – The Department has been working with applicants to determine how ready they really are to meet all the requirements to become a CCBHC. Six of the applicants included contingencies that they could not meet the requirements without additional new general fund dollars. Those 6 sites were eliminated from further consideration as no additional general fund money has ever been associated with this project. Chris Flores indicated that the requirements that the CCBHCs are direct providers of certain services eliminates the ability for CCBHCs to work with private providers and prevents private providers from providing services on a level playing field. Lynda indicated that this is a demonstration project and the national data on this will hopefully bring these concerns and others to light.

MDHHS Grant Application to the Department of Justice - Dr. Debra Pinals

Dr. Pinals introduced herself to the Council. She described the nature of the grant that MDHHS has applied for which is to provide the Stepping-Up Project in Michigan. There has not been a decision announced about the awarding of the grant yet. Kevin McLaughlin wanted to make sure Dr. Pinals was aware of the recovery support movement in Michigan and she indicated she looks forward to working more with these groups.

FY17 Mini Block Grant Application – Karen Cashen

Karen gave the background on the FY17 Mini Block Grant Application and went through the required sections of the document. If there are any changes or concerns about your contact information and how you are categorized in the report as a BHAC member let Karen know by next Wednesday, August 24, 2016. Elmer Cerano moved and Norm DeLisle seconded a motion for Mark to provide a letter of support from the BHAC for the Mini Application. Motion approved unanimously.

Recovery Issues & Report – Kevin McLaughlin

Michigan has ten Peer Run Recovery Organizations which is more than most states. Recovery Palooza is in September. Debra Garrett spoke to the Council about REAL Michigan and a grant that they have received to help facilitate communication between recovery organizations statewide. Kevin will provide the parameters of a recovery community organization to Karen to email out to the Council for clarification.

National Block Grant Conference Update

Larry Scott - Larry attended an impromptu center directors meeting that was informative. SAMHSA has offered technical assistance for First Episode Psychosis projects, there will be joint monitoring visits, training on recovery schools is forthcoming, and there was information on the new FDA deeming rules on e-cigarettes, vapor pens, hookah, and other electronic nicotine devices.

Mark Witte – Mark attended a presentation on Medicaid Parity which was very daunting as new regulations go into effect 10/1/2017 and on integration of care and continuums of care for people involved in medication assisted treatment.

Mark Reinstein – Mark learned that there is a White House task force on MH & SUD Parity that is accepting public comment. Parity@HHS.gov is the place to go to make comments. He also went to a presentation on planning councils and found a great difference in the way states support and utilize their planning councils.

Karen Cashen – Karen attended a fiscal presentation which was helpful for her planning requirements. SAMHSA is looking at a 3 year application process. There was a discussion of First Episode Psychosis projects and how this is progressing nationwide. There were over 700 people attending the conference. Maintenance of Effort was an important topic of discussion. Advocates for Human Potential is the contract agency for SAMHSA that provides technical assistance to planning councils. Karen noted that discussions about planning councils were informative but that our Council does a lot of good work with a lean budget. Karen did ask a council chair from New Jersey for a copy of their council member application to perhaps help the BHAC with future membership selection. SAMHSA and other federal agencies now refer to stigma as “discriminatory practices” in hopes of breaking the concept down into concrete things that people can actively address.

SAMHSA Monitoring Visit March 21 – 23, 2017 – Karen Cashen

SAMHSA is doing a joint Mental Health and Substance Abuse Block Grant monitoring visit to focus on compliance, providers, service provisions, BHAC, and technical assistance needs. The visit will result in one combined report versus four separate reports. SAMHSA is looking to talk to the BHAC on March 22, 2017, from 8 a.m. – noon. BHAC member participation can be facilitated by the Department. The exit conference occurs two weeks after the visit via webinar. A provider will be visited on day three. The monitoring team requests information ahead of time that the Department sends prior to the visit.

Public Comment

Linda Burghardt – Linda thanked the group for their assistance with the Mental Health Association in Michigan’s parity survey. A report of the results is forthcoming.

Marcia Probst – The Recovery Institute is working with Kalamazoo State Hospital and Kalamazoo CMH & SA to provide a peer support specialist in the hospital. This is the only peer working in a state hospital at this point and this is concerning. Jeff Wieferich will check with Cindy Kelly regarding peers working in state hospitals.

Announcements

Deborah Garrett – Michigan Celebrate Recovery in Belle Isle on September 10 and Project Vox Recovery in Lansing on September 15th, 2016.

Kevin McLaughlin - Recovery Palooza downtown Grand Rapids on September 17, 2016.

Marcia Probst – Recovery Institute co-hosted a recovery coach conference recently which went very well. Wellness and Recovery Fair at Bronson Park in Kalamazoo on September 15, 2016. Generation Found movie on October 5, 2016 in collaboration with ASK.

Mark Reinstein – NAMI Walk at Belle Isle September 24 and in Grand Rapids on September 10, 2016.

Pat Smith – One opioid overdose grant was awarded to Public Health for provider education. Pat is still waiting on word on a second opioid data grant.

Mary Chaliman – Child Welfare League of America Conference was earlier this month. There is also a bill being proposed to get more prevention money into states for child welfare.

Brian Wellwood – Marquette UP Support Group Conference is on September 13, 2016 and Lansing Out of the Darkness Walk for suicide prevention at Sharp Park on September 17, 2016.

Julie Barron - Peer Group of Lansing is hosting an art show and auction at the next Board Association Conference.

Mark Reinstein – A survey will go out to the BHAC regarding prioritizing the 28 elements from the 298 Work Group final report.

Karen Cashen – Karen will distribute any flyers or information that you send to her to the entire group.

Mark adjourned the meeting.